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Wednesday, February 9, 2011
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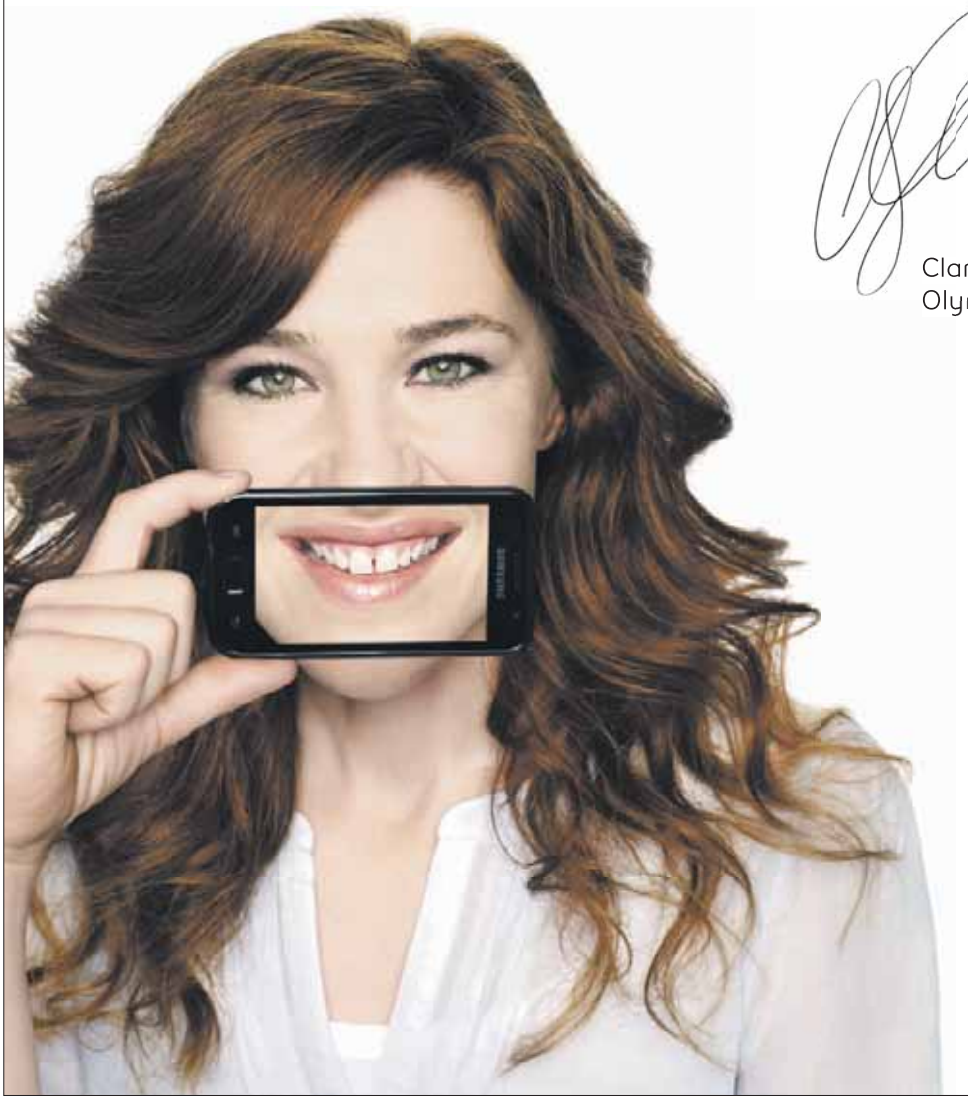

Clara Hughes
Olympic champion

Bell Let's Talk

‘CULT’ QUITTER DIRECTOR PAUL HAGGIS HITS OUT AT SCIENTOLOGY {page 13}

GREAT WAY TO AVOID THE MINIVAN MAZDA5: STORAGE BUT NO STIGMA {page 24}

CARRIED AWAY A NEW SATC ACTRESS? {page 14}

VANCOUVER metro®
Wednesday, February 9, 2011
www.metronews.ca
News worth sharing.

▶ Canadians celebrate at Robson and Burrard streets following Canada’s 3-2 overtime victory over the U.S. in the men’s gold-medal game during the final day of last year’s Olympic Games.

DOUG PENSINGER/GETTY IMAGES

Junior team addresses liberal use of roster

▶ Kamloops Blazers busted for signing players up for Liberal memberships without their knowledge ▶ GM apologizes for ‘communication error’ ▶ Party membership has almost tripled during leadership race

MATT KIELTYKA
@METRONEWS.CA

The Kamloops Blazers replaced goal lamps with red flags yesterday after being caught signing up players for B.C. Liberal party memberships.

The applications, in support of leadership candidate Kevin Falcon, were apparently handed in before Friday’s membership deadline by an unnamed member of the organization without the players’ knowledge.

Blazers general manager Craig Bonner called the gaffe a “communication error” yesterday.

“I take full responsibility for this communication error, and have asked the B.C. Liberal party to withdraw the subject applications,” Bonner said through a written statement from the team.

“I view the opportunity for every British Columbian 14 years or older to vote for the next premier of our province as a positive for all in our organization, including our players.”

Kevin Falcon’s campaign manager, Norman Stowe, said that as soon as he heard about the incident he contacted party headquarters to make sure the names were removed from the membership list.

The party, meanwhile, announced yesterday it has signed up more than 50,000 new members since the start of the leadership race, nearly tripling the Liberal ranks.

Vancouver’s Olympic victories

Metro continues its look back at the 2010 Winter Olympics. Today, we look at the positive legacies of the Games: Venues, increased transit use and boosts to tourism. We also look at the outpouring of Canadian pride and the impact it had on our collective psyche. Story, page 6.

Send in the Crowns

Quebec government lawyers, prosecutors go on strike {page 8}

Chatting with the No. 1 pick

Omar Salgado talks about life as a Whitecap {page 22}

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from $349 + taxes & fees $503

Vancouver – Paris // London – Vancouver

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London	from $249 + taxes & fees $506
Manchester	from $299 + taxes & fees $510
Frankfurt	from $349 + taxes & fees $386
Hong Kong	from $669 + taxes & fees $193
Lima	from $699 + taxes & fees $282
Auckland	from $929 + taxes & fees $372

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Ixtapa 7 Nights 4-Star	from $667 + taxes & fees $274
Varadero 7 Nights 4-Star	from $706 + taxes & fees $206
Cancun 5 Nights 4-Star	from $718 + taxes & fees $273
Puerto Plata 7 Nights 4-Star	from $798 + taxes & fees $322
Costa Rica 7 Nights 4-Star	from $957 + taxes & fees $240

USA

Las Vegas Air + 3 Nights — from $229 + taxes & fees $111
INCLUDES accom on the Strip. UPGRADE to 5-star from $33 per night.

San Francisco Air + 4 Nights — from $389 + taxes & fees $111
INCLUDES central accom. ADD wine country tour from $69.

Scottsdale Culinary Festival Air + 3 Nights — from $519 + taxes & fees $120
INCLUDES accom in central Scottsdale during the culinary festival. ADD return airport transfers from $40.

Boston St Patrick's Day Air + 3 Nights — from $599 + taxes & fees $133
INCLUDES accom on the Cambridge side of the Charles River. ADD 2 day GO Boston card from $79.

Hawai'i Air + 7 Nights — from $799 + taxes & fees $110
INCLUDES Waikiki accom close to beach, shopping and entertainment.

March Break Vacations

San Diego
Family Special, Air + 4 Nights
from $459◊ + taxes & fees $118

INCLUDES central accom with airport transfers & shuttle to SeaWorld and the San Diego Zoo. Price is per person based on a family of 4. ADD San Diego 3 parks for 1 pass from $139 adult / $109 child (3-9).

Hollywood Air + 4 Nights — from $529 + taxes & fees $115
INCLUDES central accom close to attractions. ADD hop-on hop-off bus pass from $33.

Whistler Family Special 4 Nights + Lift Passes — from $589◊ taxes & fees included
INCLUDES 4-star, pet-friendly, central accom with fully equipped kitchen & 3-day lift pass. Price per person based on family of 4.

Puerto Vallarta Air + 7 Nights 4-Star All-inclusive — from $907 + taxes & fees $273

Los Cabos Air + 7 Nights 4-Star All-inclusive — from $1028 + taxes & fees $251

Varadero Air + 7 Nights 4-Star All-inclusive — from $1095 + taxes & fees $116

Escorted Tours

Cuba 8-Day Tour — was ~~$1109~~ now $887 taxes & fees included
HIGHLIGHTS Havana, Pinar del Río/Viñales, Cayo Jutías, La Palma, Cueva de los Portales/Soroa and Las Terrazas.

Peru 7-Day Tour — was ~~$1235~~ now $1085 taxes & fees included
HIGHLIGHTS Cuzco, Sacred Valley/Ollantaytambo, Cuzco, Aguas Calientes and Machu Picchu. Roundtrip Cuzco.

Thailand, Laos & Vietnam 14-Day Tour — was ~~$1529~~ now $1223 taxes & fees included
HIGHLIGHTS Bangkok, Chiang Mai, Chiang Khong, Mekong River, Luang Prabang, Vang Vieng, Vientiane and Hanoi. Travel Bangkok to Hanoi.

Cruise & Stays

Las Vegas
Air + 3 Nights + 3-Night Cruise
from $548 + taxes & fees $78

INCLUDES cruise from Vancouver to LA, air to Las Vegas, 3 nights accom on the Vegas Strip and return air to Vancouver.

Anaheim
Air + 2 Nights + 7-Night Cruise — from $659 + taxes & fees $204
INCLUDES air to Los Angeles, 2 nights Anaheim accom, cruise from Los Angeles to Vancouver and visit San Francisco, Astoria, Victoria and Nanaimo.

Cruises

Bermuda
5-Night Cruise
from $429 + taxes & fees $110

CRUISE roundtrip Bayonne and visit Bermuda overnight.

Bahamas 4-Night Cruise — from $309 + taxes & fees $62
CRUISE roundtrip Port Canaveral and visit Cococay & Nassau.

Transatlantic 13-Night Cruise — from $509 + taxes & fees $75
CRUISE San Juan to Malaga and visit St Maarten, Tenerife, Gran Canaria, Lanzarote & Madeira.

Eastern Caribbean
7-Night Cruise — from USD $589 + taxes & fees USD $106
CRUISE roundtrip Miami and visit Half Moon Cay, St Thomas, San Juan & Grand Turks.

Mediterranean
7-Night Cruise — from $609 + taxes & fees $59
CRUISE roundtrip Valenica and visit Rome, Florence/Pisa, Ajjacio & Malaga.

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Air India perjurer appeals conviction

The only man ever convicted in the 1985 Air India bombing is appealing his recent perjury conviction.

Inderjit Singh Reyat was sentenced in November to nine years in jail for lying in the trial of two men acquitted in the bombings.

Reyat claims the judge misdirected the jury and his sentence is excessive.

THE CANADIAN PRESS

DARRYL DYCK/THE CANADIAN PRESS

▶ Inderjit Singh Reyat

UBC wants more students on campus

University of B.C. students are one step closer to getting more much-needed on-campus housing after the school's board of governors approved the formation of a student housing financing endowment.

The fund will direct a large portion of land lease proceeds toward student housing projects.

The goal is to have 50 per cent of full-time undergraduate students living on campus.

Right now 29 per cent of full-time undergraduate students live in residence.

KRISTEN THOMPSON

Model. Search

▶ Nalani Wakita, left, and Jessica Han at the B.C. Cancer Agency yesterday placed second and third in last year's ITM model search competition. The International Top Model agency launched its seventh annual Model Look North America event, which will culminate in the Glamour Gala cancer fundraiser at River Rock Casino. Last year the competition raised $70,000 for cancer research in B.C.

NATALIE KAUR JOHAL

Putting smiles to work for cancer research

Body of sex trade worker found in Burnaby park

IHIT has released a photo of Smith in hopes someone will recognize her and provide investigators with more information Death does not appear related to other women's bodies found in local parks: RCMP

Police have identified the body of a woman found Monday in a North Burnaby park as 27-year-old Carla Marie Smith.

Smith, who sometimes went by the name Carmen or Justine, was known to Vancouver police for her involvement in the sex trade.

The Integrated Homicide Investigation Team (IHIT) has not yet determined whether Smith died where she was found, or if she was moved to Warner Loat Park from another location.

RCMP Cpl. Dale Carr said that while a number of women have been found in parks in recent years, the deaths do not appear to be related.

"Each of the investigations are separate and distinct investigations, the only similarities are that they are women found in a park," said Carr, a spokesman for IHIT.

Megan Beetstra works near the park where Smith was found.

Since Smith's body was discovered, her employer has implemented a "buddy system" for people entering the park.

RCMP/SUBMITTED

▶ Carla Marie Smith

"The park is completely secluded from all eyes and ears," said Beetstra. "The road that leads to the park is un-maintained, secluded and very dark. I have never seen any kind of security or supervision take place in the park."

"It's very uncommon for this type of thing to happen here," said Dave Ellenwood of Burnaby Parks, Recreation and Cultural Services yesterday. "But of course, we're always looking to make our parks safer."

NATALIE KAUR JOHAL

1 news

News on the move

1. Download the free ScanLife application with your smartphone at 2dscan.com
2. Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
3. The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

2011 continues to look good for investors as Canada's job creation outperforms the U.S. More at metronews.ca/investing

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P.: Paul Morrison

Lions score first roar in B.C. Place

B.C. Lions will break in stadium with Sept. 30 game ◐ CFL, MLS schedules to be released this week

MATT KIELTYKA
@METRONEWS.CA

It didn't take long to find out which Vancouver team would break in the new B.C. Place Stadium.

The B.C. Lions announced this morning that they will host the inaugural game in the renovated arena Friday, Sept. 30 — a day after PavCo announced the stadium would be ready by that date.

"This is another historic day for our organization and we are absolutely thrilled to be opening up the new B.C. Place on September 30th," said Lions president and CEO Dennis Skulsky. "It is our honour and privilege to host what will be B.C. Place's first professional sports event under the new retractable roof."

By the date

- **April 2010** B.C. Place closes for renovation.
- **Feb. 7, 2011** PavCo announces Sept. 30 completion date.
- **Sept. 30, 2011** B.C. Lions play CFL game to open stadium.
- **Nov. 27, 2011** B.C. Place hosts CFL 99th Grey Cup game.

$563M

Renovations at B.C. Place cost a whopping $563 million and will feature a new retractable roof, new seats and a centre replay screen above the playing field.

MATT KIELTYKA/METRO

▶ B.C. Lions CEO Dennis Skulsky, right, has beat Whitecaps counterpart Paul Barber to host the first sporting event at B.C.Place when the stadium reopens Sept. 30.

Abandoned shoebox puppy dies

A puppy found abandoned at a Maple Ridge bus stop died Monday night in B.C. SPCA care.

The puppy was just a day old on Friday when she was found whimpering and scratching from the inside of a women's size 7½ shoebox that was placed underneath a bench in a plastic bag.

Peanut was immediately rushed to Dewdney Animal Hospital where she was treated for hypothermia and starvation-related seizures.

The puppy was being temporarily fostered by Mark Vosper, manager of the Maple Ridge B.C.SPCA. It was hoped that she would eventually be adopted into a caring home.

Dr. Adrian Walton, the veterinarian who treated her, suspects an infection in the puppy's umbilical chord caused her to go into shock and is probably what killed her.

The B.C. SPCA is still conducting a cruelty investigation and is looking to the public for more information about the pup's abandonment.

"There is just no excuse for this," said Walton. "There are lots of places where you can take these animals. Any SPCA would help."

Walton expressed concerns that the mother and other puppies from the same litter could still be in danger.

NATALIE KAUR JOHAL

COURTESY B.C. SPCA

▶ Peanut, found Friday at a Maple Ridge bus stop, has died.

Task force meets to review sled dog cull

The government-appointed task force dedicated to reviewing the circumstances related to the Whistler sled dog cull and the sled dog industry as a whole met for the first time yesterday. The team, led by Kamloops MLA Terry Lake, discussed roles, responsibilities and terms of reference. METRO

* Subject to change or withdrawal without notice. Some conditions and restrictions apply. Visit a branch for details.

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By **Jamie Golombek**
Managing Director,
Tax and Estate Planning,
CIBC

Few things in life are as certain as taxes, but since January 2009 Canadians have had access to a valuable exception: the Tax-Free Savings Account (TFSA). A versatile, tax-efficient and flexible savings solution, TFSAs are a great complement to almost any individual's overall financial plan.

The most compelling feature of the TFSA is its flexibility. Canadians can contribute up to $5,000 annually and are free from many of the withdrawal and tax restrictions that apply to other registered savings plans, making the TFSA an excellent choice for any number of savings goals.

While plan contributions are not tax-deductible as with Registered Retirement Savings Plans (RRSPs), for any reason, without tax repercussions. In addition, the amount of the withdrawn funds can be re-contributed at any time in future years. TFSAs are a great low-cost choice if you're saving for a major purchase or need an emergency fund, and withdrawals won't impact income-based government programs such as Old Age Security or Guaranteed Income Supplement.

TFSA earnings grow tax-free and account holders can withdraw funds at any time

TFSAs are also quick and easy to open. And they're useful to hold in addition to other registered plans, such as RRSPs or Registered Education Saving Plans (RESPs), especially if you've already exceeded your annual contribution limit or the lifetime maximum.

Additionally, there's an added incentive to those who have yet to open a TFSA account to do so now. You now have the opportunity to contribute up to $10,000 for 2010 as your carry-forward amount builds each year.

To take advantage of this tax-saving opportunity, talk to an advisor about how a TFSA could help you reach your financial goals, whether you're looking to save for today's needs or your dream retirement. An advisor can also help you select the options that best align to your personal financial needs from savings accounts and GICs to mutual funds, managed portfolios and brokerage solutions.

So if you want to make sure your savings plan is built to enhance your financial well-being, do yourself a favour and consider building it with the flexibility of a TFSA.

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Celebrations seen as forging unifying bond

SCOTT OLSON/GETTY IMAGES

▶ Fans celebrate on Granville Street after Canada beat Team USA to win the gold medal in hockey at the 2010 Olympic Games.

Vancouver 2010: One Year Later

KRISTEN THOMPSON
@METRONEWS.CA

Of all the legacies of the 2010 Games, perhaps the greatest and most lasting is the collective memory of coming together in an unprecedented display of community and celebration, say experts.

David Anderson, with the faculty of education at the University of B.C., said while there is a sense of return to the pre-Games status quo, something indefinable has been left behind — a deep sense of patriotism and unity.

"I suspect what was unleashed in terms of our heightened willingness to engage with our fellow citizens (as) is not gone. We just need an excuse to reignite it."

Laura Moss, chair of Canadian studies at UBC, acknowledged Canadians have experienced other defining and unifying events, but they were never "so loud."

"It's important to have communal memories where people have shared a bond," she said, adding the men's gold-medal hockey game was this generation's 1972 Summit Series, Sidney Crosby our new Paul Henderson.

When Crosby scored his overtime game-winning goal, Canadians from coast-to-coast coalesced and flooded the nation's streets.

"This is an important memory, something we lived," Moss said.

Vancouver Mayor Gregor Robertson said while that intensity may have faded, what's important is we know it's in us to come together on such a massive scale.

"There's a core identity that comes out in tense times," he said.

"That was the self-discovery that was so inspiring, realizing that the community spirit is what we're all about."

Grab a Metro tomorrow for Part 3 of our four-part Olympic anniversary series, where we'll be looking at myths of the Vancouver Olympics and the impact of the 2010 controversies.

Increased transit use an Olympic legacy

Vancouver's Olympics were the equivalent of hosting three Super Bowls a day for 17 days, say the planners tapped to ferry people through the city during the busy period.

"Everyone knew it was going to be a big task," said Mike Madill, the TransLink vice-president who headed the Olympic transportation effort and whose team received an award of achievement from the Transportation Association of Canada for the transit plan.

According to TransLink's stats — which exclude the data spike during February's Olympics — ridership increased 11 per cent last year from January to August.

A recent survey by the Vancouver Board of Trade found that 60 per cent of the 750 respondents tried new methods of transportation during the Games. The survey also found that 44 per cent of respondents stuck with their new mode of transportation after the Olympics.

JEFF HODSON

For a full version of this story, visit metronews.ca/oneyearlater

JEFF HODSON/METRO FILE

▶ An athlete practises at the Richmond Oval ahead of the 2010 Games.

Games gone, venues live on

The local Olympic host cities may be buzzing a little less these days, but most of the Games facilities are still in frequent use.

Here's a look at three venues built to host the world's best athletes that we, the public, now have the luxury of using.

1 The Richmond Oval hosted speedskating events during the Games and the hope now is that it helps revitalize the city's downtown and spurs waterfront development, said oval spokesperson Aran Kay.

A year after opening to the public as an athletic centre, the facility's membership sales have far exceeded its targets and it is debt-free, Kay said.

This year, the facility will transform its Olympic anti-doping lab into a sports medicine facility, offering visitors physiotherapy and Eastern healing.

And, of course, it will continue to host sporting and other events.

2 The Vancouver Olympic Centre in Hillcrest Park was built to host curling events and has since been transformed into a state-of-the-art fitness centre.

The indoor/outdoor pool was open for public use last summer and by this summer, it will also feature an ice rink, curling club, community centre, child-care facility and library.

3 High-performance athletes, the public and Whistler all stand to gain from the continued use of the Whistler Sliding Centre.

The facility provides high-performance and developing athletes in B.C. with access to the most modern winter sport environment, while bringing world-class competitions to the region.

This month, Whistler Sports Legacies will launch its Skeleton Sport Experience and is planning to offer public skeleton and bobsled programs in November.

Patricia Leslie, manager of WSL communications, said they've been overwhelmed by interest in the public sliding program.

"Children will have the opportunity to experience the sports and be inspired by Canadian and the world's top athletes," she said.

"Recreational athletes will share the same facilities that world-class athletes have used (and will have) the opportunity to see them train and compete."

NATALIE JOHAL

Tourism legacy

"We've used the Olympics as a major platform for marketing activities, and have seen business results as a consequence of hosting the Games here."
WALT JUDAS, TOURISM VANCOUVER

Visit metronews.ca/oneyearlater for Metro's full story on the impact of the Games on the city's tourism industry.

Twitter question

We asked: What was your favourite venue during the 2010 Games?

▶ **@tanyashum** @vancouvermetro can't pinpoint, but one I really liked was the 'make your peace' airplanes at the vpl

▶ **@DeeJEscalante** @vancouvermetro Heineken House, hands down!!!

▶ **@paddy16** @vancouvermetro downtown vancouver where whole canada came together as one powerful and strong community

Metro wants to know what you think is the most important legacy the Games have left us. Tweet us @vancouvermetro.

CITY OF VANCOUVER | 125 YEARS

A WINTER GAMES ANNIVERSARY

share the spirit!

Think back to when the streets overflowed with cheering people dressed in red and white, singing O Canada and high-fiving until it hurt.

Now get ready to do it again as we celebrate the first anniversary of our Vancouver 2010 Olympic and Paralympic Winter Games.

On Saturday, February 12, Vancouver is celebrating all day with these events!

1 Robson Square

9 am – 11 pm

Free skating, music and entertainment all day. Complimentary admission to the Vancouver Art Gallery from 10 am – 5 pm.

Hosted by the Province of BC.

2011 CIBC LunarFest

3 – 11 pm (4 – 11 pm ongoing)

World's first Lantern Aquarium, February 3 -13 at the Vancouver Art Gallery. Make your own lantern and join the procession at 6:30 pm.

Hosted by the Asian-Canadian Special Events Association and the Public Dreams Society.

2 Creekside Community Recreation Centre

11 am – 3 pm

Free family event with Winter Games-themed activities including a sledge hockey race and 2010 memorabilia.

Hosted by the Board of Parks and Recreation at 1 Athletes Way.

3 Let's Celebrate One Year since the Vancouver 2010 Games!

11 am

Inukshuk sculpture unveiling and reception including crafts for the kids and free cake. Dress in your Canada clothes and bring your red mitts!

Hosted by the Kerrisdale Community Centre at 5851 West Boulevard.

4 Relive Centre Ice on Granville Street

12 noon – 9 pm

Activities on Granville Street between Smithe and Dunsmuir including buskers and street hockey. 2010 Winter Games highlights will be broadcast by CTV.

Hosted by the Downtown Vancouver Business Improvement Association.

5 2010... All Over Again! Golden Memories

1:30 – 4:30 pm

Be sure to wear your red and white to skate for half price. Other activities include dry floor curling, winter games on the Wii and having your picture taken with one of the Olympic torches.

Hosted by the West End Community Centre at Denman and Haro Street.

6 Jack Poole Plaza Cauldron Lighting

4 pm

First anniversary of the official lighting of the Olympic Cauldron.

Hosted by the Province of BC.

7 Illuminate Yaletown

5:59 – 10:30 pm

Entertainment-filled street party on February 11 - 12 featuring spectacular light installations from local artists. Mainland and Hamilton Street, between Drake and Nelson Street.

Hosted by the Yaletown Business Improvement Association.

8 Light up CPR Train Engine 374

6 – 10 pm

On February 11 - 12, help transform Engine 374 at the Roundhouse into a constellation of thousands of tiny lights! Build your own 'light throwie' from a battery, an LED and a magnet.

Hosted by the Roundhouse Community Centre at Davie and Pacific Street.

For more details on events, visit: vancouver.ca

Cut out and bring with you!

WITCH HUNT

Romanian witches curse bill

There's more bad news in the cards for Romania's beleaguered witches.

A month after Romanian authorities began taxing them for their trade, the country's soothsayers and fortune tellers are cursing a new bill that threatens fines or even prison if their predictions don't come true.

Superstition is a serious matter in the land of Dracula, and officials have turned to witches to help the recession-hit country collect more money and crack down on tax evasion.

Witches argue they shouldn't be blamed for the failure of their tools.

"They can't condemn witches, they should condemn the cards," Queen Witch Bratara Buzea told The Associated Press by telephone.

THE ASSOCIATED PRESS

Armed bird kills cockfight spectator

A man who was at an illegal cockfight in central California died after being stabbed in the leg by a bird that had a knife attached to its own limb, officials confirmed Monday.

Jose Luis Ochoa, 35, of Lamont, Calif., was declared dead at a hospital about two hours after he was injured in neighbouring Tulare County on Jan. 30, the Kern County coroner said.

An autopsy concluded Ochoa died of an accidental "sharp-force injury" to his right calf.

Sheriff's spokesman Ray Pruitt said it was unclear if a delay in seeking medical attention contributed to Ochoa's death.

"I have never seen this type of incident," Sgt. Martin King, a 24-year veteran of the sheriff's department, told the Bakersfield Californian newspaper.

Ochoa and the other spectators fled when authorities arrived at the scene of the fight, King told the newspaper. Deputies found five dead roosters and other evidence of cockfighting at the location, he said.

No arrests were made at the cockfight.

According to Kern County Superior Court records, Ochoa paid $370 in fines last year after pleading no contest to one count of owning or training an animal for fighting, according to the newspaper.

Attending or organizing a cockfight, as well as training an animal to participate in such an event, are all misdemeanours under California law, although a second offence is a felony.

THE ASSOCIATED PRESS

Legal first as Quebec lawyers go on strike

JACQUES BOISSINOT/THE CANADIAN PRESS

▶ Quebec provincial prosecutors demonstrate in front of Quebec's hall of justice on the first day of a strike yesterday.

- Government said prosecutors will need to reduce their demands
- Green light to strike given last month

In what's being billed as a Canadian first, Crown prosecutors and government lawyers have gone on strike in Quebec, adding a pile of delayed cases onto the backlog already plaguing the province's justice system.

Hundreds of criminal cases were sidelined when 1,450 lawyers and prosecutors walked off the job yesterday, emptying countless courtrooms and inspiring memorable protests in Montreal and Quebec City.

About 350 lawyers in black robes marched silently inside the Montreal courthouse's mezzanine, some with copies of the Criminal Code tucked under their arms.

Later, they marched outside and picked up placards that read: "Who profits from a weak Crown?" In Quebec City, lawyers marched to the provincial legislature.

It is the first known case of Crown lawyers exercising the right to a legal strike in Canada, said their national association. There have been some illegal strikes — most recently in Nova Scotia in 1998 and in Quebec in 1986 and 2002. Key issues include pay and workload.

THE CANADIAN PRESS

Young leader energizes Egypt's protests

AHMED ALI/THE ASSOCIATED PRESS

▶ Wael Ghonim

A young leader of Egypt's anti-government protesters, newly released from detention, joined a massive crowd in Cairo's Tahrir Square for the first time yesterday and was greeted with cheers, whistling and thunderous applause when he declared: "We will not abandon our demand and that is the departure of the regime."

Many in the crowd said they were inspired by Wael Ghonim, the 30-year-old Google Inc., marketing manager who was a key organizer of the online campaign that sparked the first protest on Jan. 25 to demand the ouster of President Hosni Mubarak.

Straight from his release from 12 days of detention, Ghonim gave an emotionally charged television interview Monday night where he sobbed over those who have been killed in two weeks of clashes and insisted, "We love Egypt ... and we have rights." Ghonim arrived in the square when it was packed, a crowd comparable in size to the biggest demonstration so far that drew a quarter-million people.

THE ASSOCIATED PRESS

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Hope fading in search for girls

Helicopter sweeping lake as search intensifies closer to home ◆ No leads yet in twins' whereabouts

Family members were discouraged yesterday about the odds of finding two missing Swiss girls alive, after discovering that their Canadian-born father mailed away thousands of euros rather than hire daycare before apparently killing himself.

The six-year-old girls' uncle, Dr. Valerio Lucidi, told reporters outside the girls' home in a Lausanne suburb that every passing minute is filled with fear.

"We are really scared that something bad has happened."
VALERIO LUCIDI, UNCLE

He said the family's hopes have dimmed since police found that the girls' father, Matthias Schepp, withdrew 7,000 euros in Marseilles, but apparently did not use the money to provide care for missing twins Alessia and Livia.

"This worries us a lot that we received the money because it shows there is no caregiver," said the Belgian surgeon, whose sister, Irina, is the girls' mother.

The father had sent 5,000 euros to the girls' mother in a series of mailings from Cerignola, Italy, before dying in an apparent suicide in southern Italy. **THE ASSOCIATED PRESS**

Historic. Brew

▶ One of five bottles of beer retrieved from a 19th-century shipwreck in Åland archipelago last summer is photographed at the VTT Technical Research Centre of Finland yesterday.

THE ASSOCIATED PRESS/MATTI HUUHTANEN

Ancient ale found on shipwreck

Finnish scientists are analyzing a golden, cloudy beverage found at the bottom of the Baltic Sea, hoping new beer can be modelled on an ancient brew. Researchers hope that through chemical analysis they can determine the ingredients used in what they say is "one of the world's oldest preserved beers."

Bell lets you make the call on mental health

Bell Canada hopes to bring awareness to growing mental health concerns across the country with its Let's Talk initiative, which kicks off today.

For every text message sent and long distance call made by Bell customers today, Bell will contribute five cents toward mental health programs. The aim is to remove the stigma that often accompanies this disease.

A Canadian Medical Association poll found that only 50 per cent of Canadians will tell a friend that a family member has a mental illness, while 72 per cent would disclose a cancer diagnosis.

"If there are more Bell customers making long distance calls and texting on the day, then we've taken an important first step in reducing stigma and raising awareness."
MARY DEACON, CHAIR OF BELL'S MENTAL HEALTH INITIATIVE

In the same poll, about 46 per cent of Canadians said they think the term "mental illness" is used as an excuse for bad behaviour.

Leading the Bell Let's Talk campaign is Olympic medallist and community activist Clara Hughes, who has opened up about her battle with depression.

MARK HERBERT

Let's Talk Day

▶ **For more information,** visit letstalk.bell.ca, or search for Bell Let's Talk Day on Facebook.

Russia wants more daylight

President Dmitry Medvedev wants Russia to observe daylight savings time year-round.

Under Medvedev's idea, Russia will move its clocks forward one hour at the end of March as is done in Western Europe. But when European clocks fall back in the autumn, Russia's will stay where they are.

Medvedev said moving the clock back burdens farmers. **THE ASSOCIATED PRESS**

Cosmetic procedure turns fatal

Police are investigating the death of a 20-year-old woman who had a cosmetic injection into her buttocks at a hotel in Philadelphia.

Detectives say the woman and three companions travelled from London. They say two had travelled in November to have buttocks enlargements and on Monday one received another injection while the other had a hip augmentation. **THE ASSOCIATED PRESS**

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GOLDILOCKS: THAT PLANET WAS *JUST* RIGHT

Just sayin'

PAUL SULLIVAN

As life on this planet gets more depressing, news that the Kepler space telescope has found another 1,200 planets, nearly tripling the known planet population, is good news indeed.

It wasn't too long ago, 1995, in fact, when the idea of finding planets outside our own solar system was science fiction, so even if you wanted to boldly go where no one has gone before, you couldn't.

But since then planets have proven as prolific as peanuts, and the space-based Kepler scope, launched in 2009, has found more than 1,200. And here's big news: 54 of them are in the so-called Goldilocks zone, not so hot that we'll fry like bird poop on the roof of a car on a sizzling summer day, not so cold that it's perpetually Jan. 27 in Winnipeg, but just right. Mild enough to hang out, watch the stars, and wonder if ET's doing the same thing on Planet Cubic Zirconium.

More good news. Kepler can view about one per cent of the sky. If it could see the whole enchilada, it could identify another 400,000 planets, many of them habitable by humans.

We've fouled our own nest so badly that even the notion of a second chance is welcome relief. Just imagine, a new home without Kim Kardashian or Donald Trump, where we can start replacing indigenous inhabitants right away!

"Just imagine, a new home without Kim Kardashian or Donald Trump ..."

It's a good idea not to get too carried away. That the planets in question exist at all is based on mainly circumstantial evidence, and using current technology, it would take a zillion years to get there (300,000 to be precise). But the point is, there's now a "there." We've got something to shoot for.

Humans are a resourceful bunch. Columbus thought he would find a passage to India; instead, he found a "new world" and exploited the indigenous people there instead. Smiles all around, except, of course, for the exploited indigenous peoples.

Even if we never get there, planets fire the imagination. Mars, Jupiter and Saturn have turned out to be big disappointments, ET-wise, but no matter. Now we have at least 54 new outlets for our ridiculous notions of alien beings, and that should be enough to keep our minds expanded for generations to come.

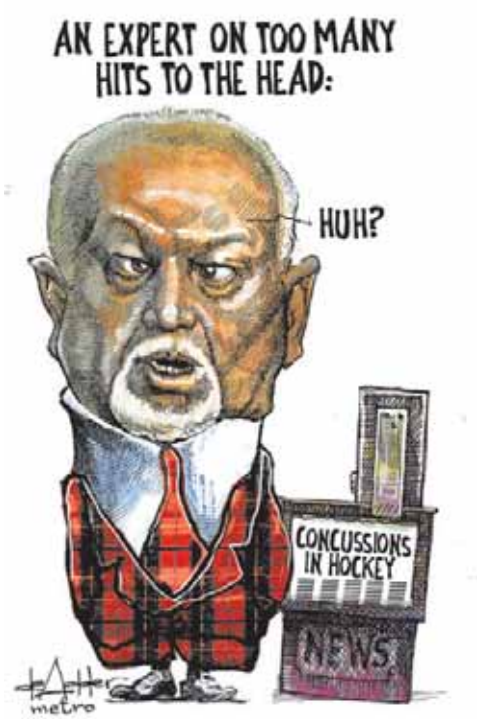
Getting there is half the fun. It's time to cue the geeks, stock up on their favourite snacks, and get them planning the warp drive that will get us there, faster than it takes Capt. Jean-Picard (the thinking man's Star Trek captain) to say: "Make it so."

Look out galaxy, here we come …

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Cartoon

MICHAEL DE ADDER



Podcasts to plug into

Letters & Tweets

We asked: What is your favourite podcast?

CALGARY. The best podcast out there is Alan Watt's Cutting Through The Matrix. It's a must listen for those interested in ancient history, where we've been and where we're going as a society.
JASON LITKE

@Daeruna: My fave podcast would be Press Pause Radio. These guys know their games.
@nancyrossneil: Fav comedy podcast is hands down http://stoppodcastingyourself.com by @daveshumka & @grahamclark.
@mattkump: gotta give my props to Sklarboro Country and JJGo. Also the local Stop Podcasting Yourself.
@tammylyncarbol: my fav podcasts are The Shakespeare Sound (by The Ministry of Shakespeare) and Film Sack.
@maddynorton: The Adam Carolla show w/ @adamcarolla and The Pretty Good Podcast w/ @GinaGrad.
@heatbagger: The Adam Carolla Show is a great podcast.
@mimicotom: Rocketboom is the best podcast. And it is hosted by a Canadian!
@nuttydotnet: a lil biased BUT, 5th Element podcast on CFWE (Native Hip Hop).
@reaaaaa: My favourite podcast(s) are from following three people @djsfs, @djbabyyu & @wristpect.

Carolla's comedy

GETTY IMAGES

What would you write for the penny's obituary?

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Metro Minute at annual boat show

The 49th Vancouver International Boat Show begins today at the Vancouver Convention & Exhibition Centre.

Over the next five days, regional and international exhibitors will educate and entertain as more than 200 companies introduce their products. The show includes seminars on boating basics that allow attendees to share experiences. There will also be tips about green boats and ways to minimize your impact on the environment while maximizing the efficiency of your vessel.

Tickets are $13 to $15 for a single day and two-day tickets are $22 to $25. Kids are free when accompanied by an adult. For more information, visit vancouverboatshow.ca.

SUNHO CHOI

CONTRIBUTED

▶ The Vancouver International Boat Show begins today at the Vancouver Convention & Exhibition Centre.

CRTC asking for feedback

Industry Minister Tony Clement has said if the CRTC comes back with the same plan, it will be overruled

SEAN KILPATRICK/THE CANADIAN PRESS FILE

▶ von Finckenstein

The CRTC wants feedback from Canadians on its controversial policy on usage-based Internet billing, a ruling that threatened to hike prices for customers of small Internet service providers with unlimited plans.

The federal regulator said yesterday that it wants the public to suggest how to balance the needs of consumers and Internet service providers, both small and large.

"The great concern expressed by Canadians over this issue is telling of how much the Internet has become an integral part of their lives," CRTC chairman Konrad von Finckenstein said in a statement.

There has been public outcry over the decision, with a demonstration and an online petition signed by thousands.

The Canadian Radio-television and Telecommunications Commission had already said it would not implement the policy on March 1 while reviewing its decision.

The CRTC had given major Internet providers such as Bell permission to change their billing practices to allow metered Internet use when providing bandwidth to smaller providers. THE CANADIAN PRESS

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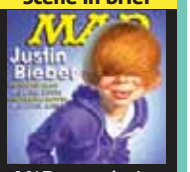
2 scene

Scene in brief



MAD magazine's longtime public face, Alfred E. Neuman — with his big ears and goofy grin — sports a Bieberesque bowl of hair on the cover of the Feb. 16 issue. The headlines: Justin Bieber. "HIS STUPID HAIR!" "HIS DUMB BOOK!".

Michael Moore sues over Fahrenheit 9/11 documentary.

▶ Bell learned Gaelic to play a Scottish slave.

Extreme acting for an epic role

As a slave in the Roman epic The Eagle, Jamie Bell had to immerse himself in the role — literally

While filming The Eagle, Jamie Bell learned that the tale of a Roman soldier (Channing Tatum) and native slave (Bell) hiking into the wilds of Scotland in search of a lost legion wasn't exactly going to be a simple walk in the country. Bell spoke with Metro about tempting hypothermia, mastering Gaelic and avoiding the gym.

How much Gaelic do you actually speak?
I don't even really remember my lines from the film, but in terms of what we had to learn it was pretty extensive. There were a fair few scenes there, a couple of pages of dialogue that you have to be pretty fluent and pretty authentic and believable when you come to actually shoot it. I had to learn it phonetically, kind of similar to how I would learn an accent. It's very obvious when it goes wrong because it does not sound like Gaelic. It sounds like gobbledygook.

The shoot for this was pretty physically demanding, wasn't it?
Toward the end of the film, there was lots of stuff where we were flowing down these rivers and falling down into some of the coldest water you can possibly imagine. This water when you get into it, it crushes your chest and it's really difficult to get your breath, and your heart rate goes crazy. Your brain is kind of spinning and sending you messages, going, "You know, if you don't get out of this water, you're going to die." I only managed to do that twice before the medics said I could do no more, and that was a moment where [director] Kevin [McDonald] was like, "Please, please, please go." And I felt like I kind of let him down because, literally, I couldn't. I'm not very strong in water anyway, and especially when I'm lugging Channing Tatum behind me.

What did you do to get in shape for the role?
I really felt the idea of going to a gym and pounding weights and drinking protein shakes was an incredibly contemporary idea that didn't really seem to fit the second century. So for me, I just wanted to get to a place where the guy had a feral masculinity and looked like he could take care of himself if he needed to. But also he's been a slave. He's probably been malnourished for quite some time.

Are you spending more time in California or England these days?
I live in California right now. I love it here. I go back to England about four or five times a year. I don't think California is necessarily a permanent place of residence. This is an industry town, similar to the town I grew up in. This is a town where the predominant industry is entertainment. The town I grew up in, it was just steel and paint. So the sensibility is still the same. It's also a beautiful place to live.

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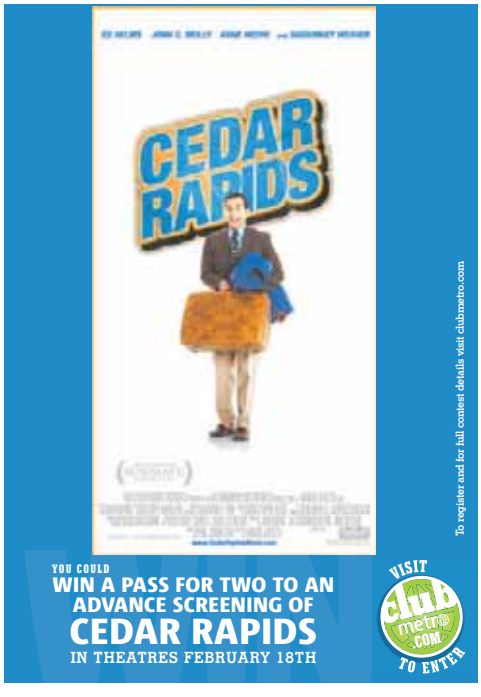
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Trashing Scientology

Oscar-winner Paul Haggis lashes out at Church of Scientology as 'cult'

HANDOUT

▶ Paul Haggis

Oscar-winning director Paul Haggis is opening up about his extensive involvement with the Church of Scientology, denouncing the controversial religion as a "cult."

The Canadian filmmaker details his nearly 35 years with the church in a lengthy article written by Lawrence Wright in the Feb. 14 issue of the New Yorker.

Haggis tells Wright he had ascended "all the way to the top" by the time he left the church in 2009 over its opposition to gay marriage and his questions over how it allegedly treated detractors.

The article includes excerpts from a scathing resignation letter in which Haggis tells the church's chief spokesman he was "horrified" by reports alleging that senior executives had beaten members.

Wright notes that Scientology officials have denied the allegations, and provided him with four dozen binders of documents to support their claims.

Wright is working on a book about the controversial church and Haggis' involvement.

"I was in a cult for 34 years. Everyone else could see it. I don't know why I couldn't," Haggis says in the recent New Yorker article.

Haggis predicts that his attack will not be without consequence.

"These people have long memories," he says in the article.

"My bet is that, within two years, you're going to read something about me in a scandal that looks like it has nothing to do with the church."

Other well-known Scientologists include Tom Cruise and John Travolta, both outspoken champions of the group founded in 1952 by L. Ron Hubbard.

THE CANADIAN PRESS

Scientology

Talking about his career

- **In Canada** Haggis, who wrote the screenplay for the Oscar-winning film Million Dollar Baby and wrote and directed Crash, which won an Academy Award for best picture, is slated to discuss his Hollywood career today in Toronto, but is not expected to delve into his time with Scientology.
- **Youth** Haggis tells Wright he discovered the church as a troubled young man at the age of 22.

DVD Releases

Paranormal Activity 2
Genre: Thriller **Director:** Tod Williams.
Stars: Brian Boland, Sprague Grayden

Paranormal Activity 2 is roughly 70 minutes of a phantasmal phreak I call Casper Milquetoast having late-night hissy fits, followed by 21 minutes where he finally grows a pair and starts the demonic stuff.

This is basically what he did in the first Paranormal Activity, which was way scarier simply because it was much more of a novelty. Casper lit fires in the first film. Now he's messing with swimming pools and kitchen utensils.

The people he's haunting this time — Daniel (Brian Boland), Kristi (Sprague Grayden), teenage daughter Ali (Molly Ephraim) and toddler Hunter — are annoying California Yuppies.

But really, Casper, you're bothering a baby? Pick on somebody your own size.

Extras include an unrated version of the film and found footage (Blu-ray only).

PETER HOWELL

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GETTY IMAGES

▶ Angelina Jolie

Angie, Brad looking at adopting girl from Haiti

4-year-old lost family in earthquake

Angelina Jolie is reportedly ready to add to her family again, this time with an orphaned girl from Haiti, according to the Daily Mirror.

The four-year-old girl is reportedly named Leah and lost her family in the earthquake last year. "Angelina's lawyers are in the process of getting an authorization so Leah can spend some time with her in America," a source says.

"A lot of observers from groups such as the Red Cross are ensuring that Angelina is treated like anybody else and not fast tracked, which would be viewed insidiously." Brad Pitt and the Jolie-Pitt children have reportedly yet to meet Leah. METRO

Talking points

Charges for Lindsay Lohan

PEOPLE People Prosecutors said Tuesday they plan to charge Lindsay Lohan with felony grand theft of a $2,500 necklace reported stolen from a jewelry store last month.
District Attorney's spokeswoman Jane Robison said the charge will be filed Wednesday. She is due in court for an arraignment on Wednesday afternoon. The charge brings the troubled star another step closer to jail. Lohan, 24, remains on probation for a 2007 drunken driving case and a judge had threatened to throw her in jail if she ran into trouble again.
METRO

Jonas tying the knot?

PEOPLE Joe Jonas is reportedly ready to settle down with "Twilight" star Ashley Greene, according to Popeater. "Even though Joe has had plenty of high-profile girlfriends in the past few years, he is impressed with Ashley's joy of life and dedicated work ethic," a source says of the 21-year-old pop singer. "They are both well-grounded and have a basic understanding of who they are."
METRO

GETTY IMAGES

▶ Charlie Sheen

Lawyer says Sheen ready for work

Charlie Sheen is eager to get back to work on his popular sitcom, "Two and a Half Men," and he might be returning sooner than previously thought. "We are thinking Charlie will be going back to work two weeks from today," he lawyer told E! News earlier this week. "Charlie is fine health-wise and doing really well. Things are looking good. Everybody's intentions are to get him back in the swing of things as soon as possible."
. METRO

Celebrity tweets

Joel McHale [@joelmchale] I take an unusual amount of satisfaction when I openly defy my dentist.

Ellen DeGeneres [@TheEllenShow] What do you do with a Chinese Vibrating Bra? Give it to Jennifer Aniston, obviously.

Joan Rivers [@Joan_Rivers] The Packers aren't World Champions! They're American Champions-and will be until they've beaten the Taipei Eggrolls.

Bob Saget @bobsaget] The guy who invented the stationary bike must've worked at home.
METRO

Cameras OK for Jackson's doctor's trial

LEGAL A judge has ruled that television cameras will be allowed in the courtroom Conrad Murray's manslaughter trial, according to CNN.

Murray, who was charged in connection with the death of Michael Jackson, remains free on $75,000 bail and cannot currently practice medicine in California.

Opening statements in the trial are expected in early April.
METRO

The next Carrie Bradshaw?

Executives behind Sex and the City are reportedly eager to keep the franchise alive, but not necessarily with Sarah Jessica Parker in the lead role or Carrie Bradshaw.

"There are no plans to bring [Parker] and the other girls back together in the old format," a source tells Grazia magazine, explaining that a prequel is in the works.

"The prequel is about breathing new life into the story and exploring Carrie's first few months in NYC and the beginning of her relationship with an older man."

The source claims that Gossip Girl star Blake Lively is at the top of the list to take over the role.
METRO

Tour the history of some tasty tequilas

The creation of Mexico's favourite liquor is a sight to be seen Check out the agave fields, revel in the old world charm and have a tasting or two

JANE MARSHALL
TRAVEL@METRONEWS.CA

Waves of warmth moved from the small tequila glass to my tongue, down my esophagus and gently, subtly, into my belly.

At $350 dollars a bottle, I was being introduced to the cream of the tequila crop — Herradura Seleccion Suprema. Like liquid gold, the tawny colour had been honed and refined to perfection. And in the Amatitan Valley near the large inland city of Guadalajara, Mexico, I learned just how this tequila had been born.

Visiting the Casa Herradura Distillery, located within the old walls of Hacienda San Jose del Refugio (an old Mexican estate), is like stepping into another world — a world of magic horseshoes, witches, priests and ghosts. Visitors can ride by horseback through Casa Herradura's blue agave fields to see the plant from which tequila is derived. Then, after ambling through the dry, rolling landscape, it's time to learn how tequila is made.

What's unique about visiting Casa Herradura is that the entire process, from the laborious efforts of hard-working Jimadors who harvest the agaves to the cooking of the agave hearts in massive clay ovens, to the extraction of the brown, sugary nectar, is on display for the public to see. After extraction, the juices are pumped into vats where all they need is time to ferment naturally from yeast present in the Hacienda's air supply. Surrounding fruit and flower trees provide natural yeast, so absolutely nothing is added to the agave juice. Then it's through the stills, and pure, all-natural tequila is born.

The Hacienda boasts a modern processing plant, but its roots extend back to an original distillery. This is perhaps the neatest part of a Casa Herradura tour. This old area (Casa Herradura was founded in 1870) is filled with cobblestone floors, deep, spooky wells and shiny copper stills. Perhaps this is the area of ghosts, where Herradura legend and lore extend from.

Tequila tasting

Well aged. Try El Jimador, which comes straight from the stills and is as clear as water. This brand, which is clean tasting, is great for mixed drinks. Then try Herradura Reposado, which rests in oak barrels absorbing their flavour. The oak casts a golden colour into the spirit. And finally, Herradura Añejo. Aged for 25 months, this tequila sleeps a long time in the barrel. Drink this straight from a glass at room temperature.

JANE MARSHALL/METRO

▶ A jimador harvesting blue agave plants at Casa Herradura. Agave is the plant tequila comes from.

JANE MARSHALL/METRO

▶ The old distillery at Casa Herradura is rumoured to be haunted.

3 life

Travel tips

If you are looking to visit Casa Herradura why not see it by horseback? Ask for the Agave Season tour, organized by Guadaluope Ravelero.

The tour cost 380 pesos per person and runs Friday through Sunday, 10:30 a.m. and 4:30 p.m. Be sure to reserve at least one day in advance.

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Wi-Fi popular at Boston airport

BOSTON. The Massachusetts Port Authority Board says the number of passengers using its free wireless service to access the Internet at Boston's Logan International Airport jumped by 412 per cent last year to more than 1.4 million sessions. THE ASSOCIATED PRESS

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Everyone can ski at Fernie

LAUREN KRUGEL/THE CANADIAN PRESS

▶ Skiers on a hill in Fernie, B.C. At Fernie, 30 per cent of the runs are considered beginner, 40 per cent are intermediate and 30 per cent are advanced.

Dan Savage considered himself a "hard-core" skier when he and his wife moved to Fernie, B.C., more than a decade ago.

"I wanted the steepest and I wanted the deepest," said the owner of the local website Fernie.com. "The terrain here's very steep, and the snow is very deep. It's a real skiers' mountain."

Savage's perspective shifted when his children — now five and seven — entered the picture.

"I came here as an experienced skier and loved it, and I'm loving what they have for families as well."

The lower runs at Fernie Alpine Resort, he said, are "really kid-friendly."

At Fernie — about a three-plus-hour drive from Calgary — 30 per cent of the runs are considered beginner, 40 per cent are intermediate and 30 per cent are advanced.

The variety makes Fernie a good place for skiers and snowboarders to hone their skills, said Will Barbour, with Tourism Fernie.

"It's a really great mountain for setting your sights and ticking the boxes as you work through the different runs," he said.

Fernie is known for its five massive bowls.

"The Lizard Bowl is a nice starting point, for sure. It has some nice, more mellow terrain and funnels out into some wonderful big wide-open groomed runs," said Barbour.

Barbour came to Fernie from Australia three years ago and stayed for one main reason: the snow.

"I came to ski for six weeks and my first day was a 40-centimetre day. It snowed almost two metres that week. And I thought, This deserves a bit more of my time. So I stayed," he said.

There are plenty of activities in Fernie besides downhill skiing and snowboarding. Visitors can cross-country ski, snowshoe, go dog-sledding, ride horseback, take a helicopter ride and snowmobile.

There's also cat-skiing, in which skiers can hitch a ride on a massive grooming machine to remote backcountry terrain.

Fernie has a variety of lodging options right at the hill, including the Wolf's Den Lodge, Cornerstone Lodge, Cedar Ridge Estates, Griz Inn and Lizard Creek Lodge.

"There is a very rare amount of ski-in, ski-out properties, which is fantastic," said Sarah Windsor, with Resorts of the Canadian Rockies. "You just have a real good variety of lodging. You've got everything from your basic hotel room to full chalets."

Savage recommends staying right in the heart of Fernie, which is just a short drive from the mountain.

THE CANADIAN PRESS

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Not your average Mediterranean salad

The star of this dish is edamame, a protein-packed soybean Its crisp and refreshing taste balances flavours

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

Soyfoods are important because they add protein without cholesterol. Protein supplies energy and builds and repairs tissues. Soy protein is a complete protein. It has all the essential amino acids, so it is comparable to meat, says the Soyfoods Council.

Edamame, a variety of soybean, is high in protein and fibre. Here, it is used in a Mediterranean salad, adding a crisp note to the intense flavours.

Preparation:

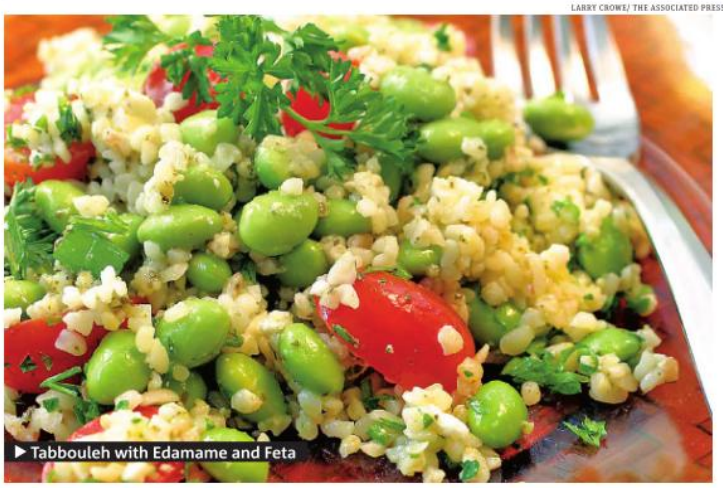
1. In bowl, combine bulgur and boiling water. Cover, let stand for 30 minutes. Drain.
2. In bowl, whisk together pesto and lemon juice.
3. In a bowl, combine bulgur, edamame, tomatoes, feta, green onions, parsley and pepper; toss gently to combine. Drizzle with pesto mixture and stir to coat well. Serve with pita.

Cooking Tips **To cook edamame on stovetop:** In saucepan, bring water to boil. Add edamame. Return to a boil and cook for 5 minutes. Drain. Rinse with cold running water.
To cook edamame in microwave: Place edamame in microwave-safe dish. Cover with plastic wrap and cook on High for 2 to 3 minutes. SOYFOODS COUNCIL

Ingredients:

- 1 1/4 cups (300 mL) uncooked bulgur or cracked wheat
- 2 cups (500 mL) boiling water
- 2 cups (500 mL) cooked edamame (see method)
- 1/4 cup (50 mL) prepared pesto
- 3 tbsp (45 mL) fresh lemon juice
- 2 cups (500 mL) cherry tomatoes, halved
- 3/4 cup (175 mL) crumbled feta cheese
- 1/3 cup (75 mL) thinly sliced green onions
- 2 tbsp (30 mL) minced fresh parsley
- 1/4 tsp (1 mL) freshly ground black pepper
- 4 pita breads (7-inch/17 cm diameter), cut in half

LARRY CROWE/ THE ASSOCIATED PRESS



▶ Tabbouleh with Edamame and Feta

Soy comes in many shapes and sizes It can even be used in old favourites like in this tasty dessert

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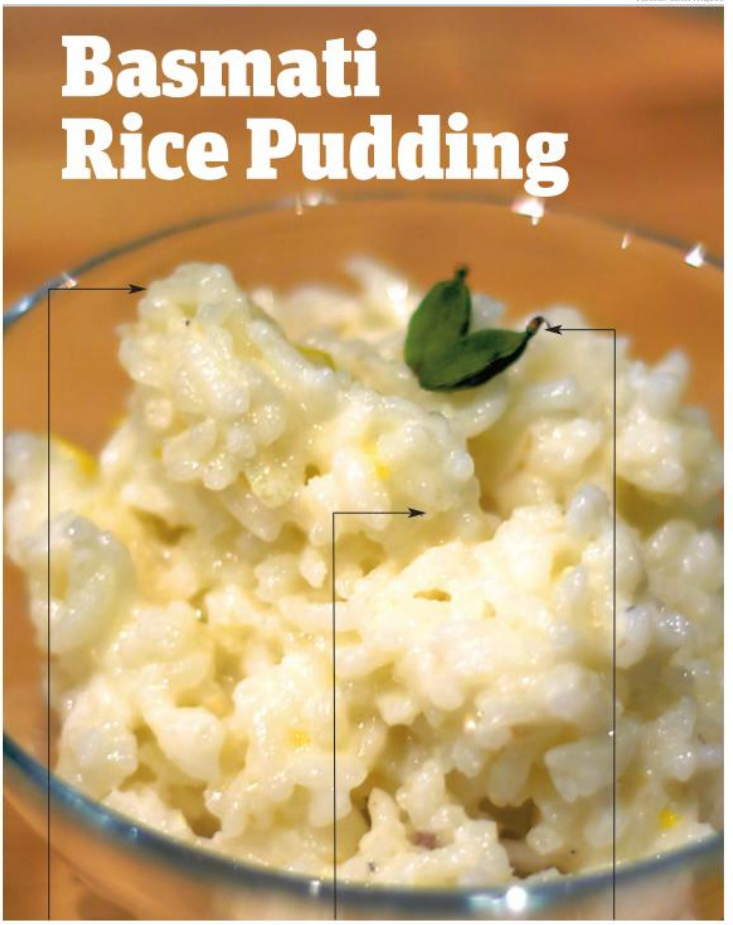

"Using basmati rice adds a special fragrance to rice pudding. This is a true comfort food that warms the heart and definitely the soul."

EMILY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Ingredients

This recipe makes four servings. Here's what you need:

- 3 cups (750 mL) soy drink
- 1/2 cup (125 mL) basmati rice
- 3 tbsp (45 mL) packed brown sugar
- 1 tsp (5 mL) vanilla
- 1/4 tsp (1 mL) ground cardamom or cinnamon
- 1 mango, peeled and sliced thinly (optional)

Directions

1) In a heavy saucepan bring soy beverage and rice to a boil over medium heat. Reduce heat to low, cover and cook for 30 minutes or until most of soy beverage is absorbed. Stir in sugar, vanilla and cardamom.

2) Divide into dessert dishes and top with sliced mango (if using).

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DREW HINSHAW
LIFE@METRONEWS.CA

In the corporate ecosystem there are two species of boss: the vile nag that lectures the workforce, and the noble being who leads it.

"The goal of every manager should be to make people feel like they want to work for you, and not like they have to," Donna Flagg, author of Surviving Dreaded Conversations says.

Yet asking spat-on underlings to throw their all into a degrading day grind can feel like telling them to smile during their root canal.

With that in mind, here's three principles executive coaches recommend when it comes to talking downtrodden labourers into loving the work they do for you.

Encourage Them to Take The Lead

"Let other people have the ideas," Barbara Frankel, a career coach in New York says.

That could mean holding onto your opinions longer, opening meetings up for more brainstorm activity – or even sub-contracting out the art of idea-concocting altogether.

"Set up a little task force where employees get together, talk, then bring their ideas in collectively," she suggests.

Next, whenever an underling does bring in a snappy fix, don't dispossess them of it by dictating all the details.

"People do not like being controlled," Flag says. "Bad bosses are the ones who get off on control."

Recognize Each Individual

"Being a boss is all about creating relations where you're interested in them and together you're building something bigger than the task at hand," Flagg explains. "It's about making them feel equal even though they're not."

That involves appreciating the kind of colleague they are – both at work and after it.

ISTOCK

▶ You already have the title of boss, but stressing it to your employees may lead to resentment.

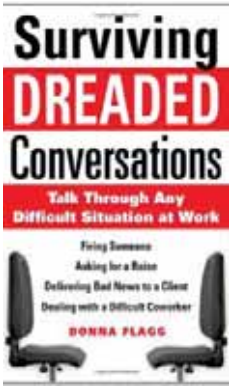
"Find out what's important to them," Frankel says. "What inspires them? What new projects do they want to be a part of? Why do they come to work?"

Give Clear Instructions

"The more people feel that they can count on you, the more they do for you," Flag offers.

But workers can't trust you, she warns, if they don't understand your expectations – and that means answering emails, explaining projects clearly, and taking time to stop by a boss-shy worker's desk.

"You have to be a good communicator, and that comes from having a mindset that you're one among them," she stresses. "You don't need to prove to anyone that you have power. The position itself gives that to you."



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FIRING UNION WORKERS IS TOUGH

Workplace Law

DANIEL LUBLIN
IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.
DAN@CANADAEMPLOYMENTLAWYER.COM

Flipping through the newspaper the other day, I came across a headline that grabbed my attention — "Civil servant keeps job despite porn."

The case concerned a federal government employee who spent up to five hours at work each day surfing the Internet for pornography and trading pictures, all from his government email account. Amazingly, he kept his job.

The general public asks why this employee keeps his job when employers are allowed to fire other, less blameworthy employees, for reasons such as "layoffs" and "restructuring," with legal impunity.

The answer is clear: the union. No surprise then that unionized employees champion cases like this, while employers are left scratching their heads.

In unionized workplaces, misconduct is often present, but seldom does it lead to dismissal. This is because unionized employers are bound by collective agreements permitting dismissal only with "just cause."

However, unlike employers in non-union workplaces, who need only to prove real misconduct to rid themselves of problem employees, unionized employers must make out a much more compelling case for dismissal, all without disturbing their labour relations with the union. As a result, many unionized employers are forced to forgive misconduct for fear of losing the case — or worse, offending their union.

"In unionized workplaces, misconduct is often present, but seldom does it lead to dismissal. This is because unionized employers are bound by collective agreements permitting dismissal only with "just cause."

Further, unionized employees think mostly in terms of reinstatement, while non-union employees usually seek severance.

Arbitrators, granted with the exclusive jurisdiction to resolve union labour disputes, have the authority to reinstate fired employees to their jobs, with full back pay, while non-union employees, who do not enjoy the right to reinstatement, are often "paid off" with a few months' severance in exchange for dropping their case.

When viewing the issue through this lens, it is no wonder that the civil servant kept his job despite spending so much of his time searching for porn.

My article should not be read as if I am advocating for unions because I am not. My law firm receives more calls from unionized employees complaining about their own unions than it does from non-union employees who have been fired. Considering that only 30 per cent of the Canadian workforce is unionized, this indicates that unionized employees are no better off than non-unionized ones.

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Cashing in on your creativity

You've got a brain full of big ideas, but what do you do now? Start by asking yourself a few questions

▶ Grab last week's brainstorm out of the wastebasket, it could be worth a couple of bucks.

You have a brilliant concept for a business and you want to get it off the ground — quickly. Before you do, here are some important questions you should consider to ensure your venture is both successful and profitable:

Is the idea original?
Now is the time to evaluate your idea and find out if it really has legs. Survey the market to see if someone else has a similar business. For tips on conducting market research, visit CanadaBusiness.ca.

How do you stack up to your competitors?
What makes you different? If your products or services are of a higher quality than your competitors, cheaper, or better, that's your competitive advantage. Maximize it.

Have you taken steps to protect your idea or invention?
Intellectual property (IP) protection prevents others from copying, manufacturing or selling your idea or service. Investigate your IP options, including trademarks, patents and copyright at cipo.ic.gc.ca.

Are you ready to launch?
If you haven't already done so, prepare a business plan that will guide you as you begin your entrepreneurial journey. Look into your marketing and distribution options. Find out what permits or licenses you'll need to launch your business. NEWS CANADA

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Introducing school on a touch screen

New etablet will act as a student's trusty sidekick The Canadian device is expected to launch this spring

Among the dozens of new tablets expected to be released this year in competition with Apple's iPad and Research in Motion's PlayBook will be a budget-priced Canadian device targeted specifically at students and schools.

MySpark Technologies, headquartered just north of Toronto, plans to launch its tablet in North America and India this spring, with an aim to have in classrooms by September.

The mySpark tablet, which is based on Google's Android platform, will be available in two models, with one expected to be priced between $200 to $250 and the other around $300 to $350.

CEO Adrian Hartog, who worked at ATI Technologies Inc., and Advanced Micro Devices Inc., before forming the new company, said the tablets are being priced well below established competitors to appeal to cash-strapped students and educators, as well as price-sensitive buyers in India.

"I think we're pretty comfortable that we can deliver solutions at those prices with reasonable profitability, we tried to be aggressive," Hartog said, adding that the company didn't skimp on hardware.

The specifications include a 25-centimetre screen and a dual-core one gigahertz processor with graphics and media acceleration. The screen responds to touch and a stylus because "all the feedback we've gotten is note-taking is very important," he said.

The company has some operations based in India and the sales potential there made it a launch market, Hartog said.

"They're a huge population and they're very focused on education as a kind of transformative factor in their whole economy," he said.

Built into the tablet will be a number of apps to let students browse digital textbooks and ebooks, search within them, and mark them up with notes. Collaboration tools will also let students and teachers view or work on the same content, Hartog said, and the devices can also tie into the school's IT or learning management systems.

"We'll also work with the schools to provide custom integration that's particular to their environment," he added.

Hartog imagines students will be able to access their schedules, marks and report cards on the tablet.

Users will be able to download apps available on the Android Market, although Hartog expects that some buyers will want to lock down the tablets so they're strictly for schoolwork. THE CANADIAN PRESS

ISTOCK

▶ MySpark Technologies is currenly working on its third generaion prototype of the tablet.

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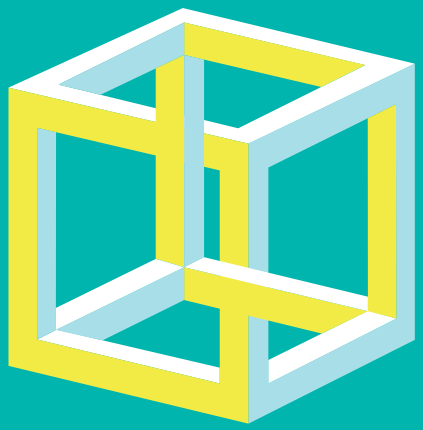

a) It isn't b) Anything's possible

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4 sports

Canucks preview

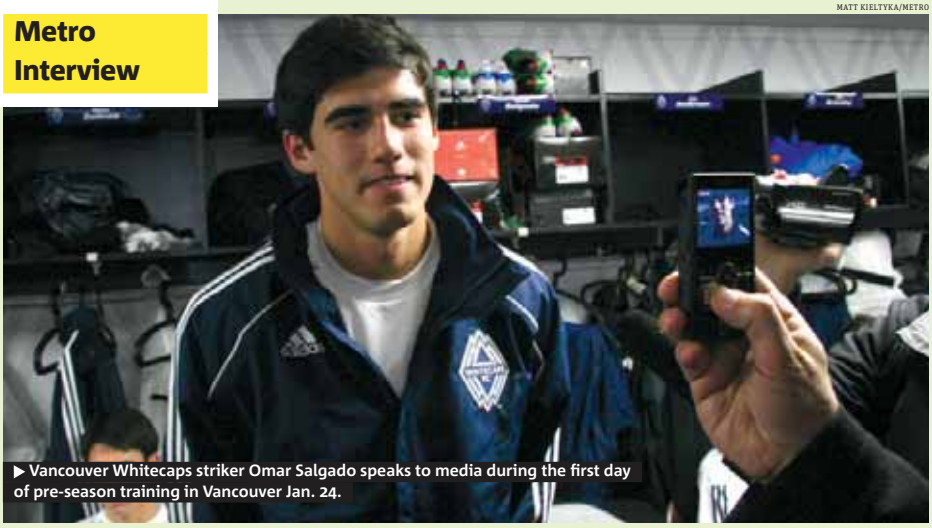
Ducks at Canucks
7 p.m.
TV: SNET-P
Radio: AM 1040

Anaheim (29-21-4) comes in having won seven of its past 10 games, including Saturday's 3-0 win over Colorado. Curtis McElhinney made 25 saves in that one in place of all-star Jonas Hiller, who was scratched due to fatigue and lightheadedness.

Vancouver (35-10-9) continues to roll and will be seeking a seventh straight victory. The Canucks have been dominating over a prolonged period, with a 25-3-6 mark in their last 34 games.
THE CANADIAN PRESS

Metro Interview

MATT KIELTYKA/METRO



▶ Vancouver Whitecaps striker Omar Salgado speaks to media during the first day of pre-season training in Vancouver Jan. 24.

Metro's Matt Kieltyka talks with the Whitecaps' top pick, Omar Salgado

OMAR SALGADO: YOUNG FORWARD TAKING FLIGHT

The surprise No. 1 pick in this year's MLS SuperDraft is quickly proving he can hang with the big boys.

The Vancouver Whitecaps, to the shock of many, pulled out all the stops to make sure they got 17-year-old striker Omar Salgado — picking the youngster ahead of projected frontrunners Darlington Nagbe (Portland Timbers) and Perry Kitchen (DC United).

And though he can't play an official MLS match until his 18th birthday Sept. 10 because of FIFA regulations, the U.S. under-20 forward is proving his worth in preseason action.

Salgado scored his first club goal, a game-winner, against the Columbus Crew in Phoenix, Ariz., last night.

With the teams tied 1-1 in the 77th minute, the teenager headed in an Atiba Harris cross to put the Whitecaps up 2-1.

Harris himself put the Caps ahead earlier in the 62nd minute.

Columbus midfielder Eddie Gaven converted a penalty in the 76th minute to draw momentarily level.

"It's great," Salgado said of his debut marker. "I haven't really been able to play for the last six months and I've been very happy to come in and do well right away."

"I'm one of the youngest guys here, but I try to see myself as one of the guys. They've been treating me the same way."
VANCOUVER WHITECAPS STRIKER OMAR SALGADO

The young striker admits his transition into the MLS has been surprising.

"I've just been trying to improve every day," he said.

The most difficult adjustment may be waiting until September to play in a real match for the Caps.

"There's nothing I can do except train hard for the next eight months," he said. "I want to come in and play right after my birthday. The new stadium will be finished by then and the atmosphere will be amazing."

It's no secret the club's hunting for a proven striker, but promising play from Salgado and winger Russell Teibert, 18, gives president Bob Lenarduzzi hope heading into the team's inaugural season.

"There's no question (developing young talent) is a big part of our club philosophy," Lenarduzzi said

For more Whitecaps coverage, visit ALL CAPS blog at metronews.ca

Ballard is the latest injury loss

The Vancouver Canucks defence has been like a revolving door recently with Keith Ballard being the latest player to suffer an injury.

Ballard will have an MRI done on the right knee he hurt in Monday's 4-2 win over the Ottawa Senators. He should know today the extent of the injury.

The 28-year-old from Baudette, Minn., looked upbeat when he walked into the Canucks dressing room yesterday without crutches. He wasn't sure how bad the knee was.

"I feel better today than I did last night," said the six-year NHL veteran. "Right now I walked. If I was to do anything else, who knows.

"I think they are pretty hesitant to say anything without the MRI. I don't want to get thinking one way or the other, then have an MRI show something different. Until we get the picture done, I don't think there is any reason to speculate one way or the other."

Ballard's right leg was twisted when he fell awkwardly when pulled down from behind by Ottawa winger Milan Michalek in the first three minutes. He lay writhing in pain holding his leg, then headed straight for the Vancouver dressing room and did not return.

The Canucks have also lost defenceman Alex Edler to back surgery. Lee Sweatt, who was brought up from the Manitoba Moose of the AHL as a replacement, suffered a fracture blocking a shot during practice and will be out six to eight weeks.

On a positive note, Sami Salo, who has missed the entire season recovering from a torn Achilles tendon, is currently on a minor-league conditioning stint with Manitoba. There's a chance he could rejoin the Canucks this week. THE CANADIAN PRESS

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Opinion

RORY BOYLEN
THE HOCKEY NEWS

The best team in the NHL over the past three-plus seasons has either been the Detroit Red Wings or Pittsburgh Penguins — take your pick.

STRENGTH IN MIDDLE KEY

And while the two are opposites when it comes to age, confidence in the goaltending and even how they were built, Detroit and Pittsburgh are similar in how they line up some serious talent down the middle of the top two lines.

The Penguins, with Sidney Crosby and Evgeni Malkin, have two of the more offensively dominant pivots in the NHL and even have a third option in Jordan Staal should one of the two get injured. The Red Wings, with Henrik Zetterberg and Pavel Datsyuk, have more experience, not quite as much offence, but a plethora of defensive acumen on their side.

Counter those centres with what you'll see on teams at the bottom of the standings — Toronto, Edmonton and the Islanders — and it quickly becomes apparent that teams need a strong collection of high-end middlemen to be taken seriously in this league.

Enter the Vancouver Canucks' duo of Henrik Sedin and Ryan Kesler.

Anytime you're able to combine a Hart Trophy winner with a Selke candidate you have a good mix of attributes. Add on the fact the Hart Trophy winner has a twin brother who is just as good and the Selke candidate is having a career offensive season and you have the making of something special.

With 118 points between them this season, Henrik Sedin and Kesler are the highest scoring pair of centres in the NHL. That achievement is impressive enough and, in a league where you clearly need a good middle combo, is the antidote for a team that hasn't won a Cup in 40 years.

But there's more to Vancouver's centre success than simply leading the league in scoring.

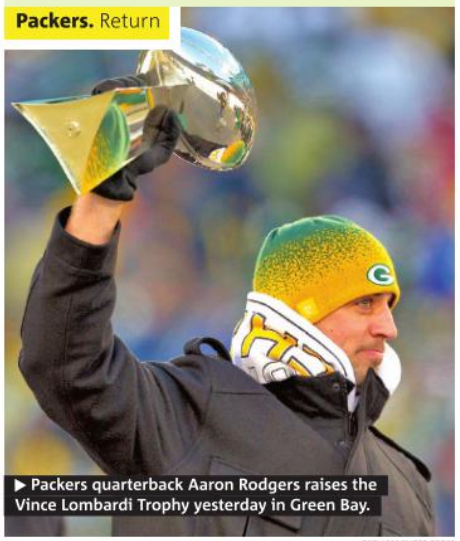
As we've discussed in this space before, everyone knows Kesler is having a fantastic breakout season and the two-way player leads all NHL centres in plus-minus. But Henrik is also among the elite in that stat, sitting sixth among centres, five behind Kesler.

And while Kesler, sitting third amongst NHL centres in blocked shots, brings it even further, when you add third-liner Manny Malhotra into the mix you really get the perception the Canucks centres do it all. Malhotra, who leads all centremen in faceoff percentage and blocked shots, may not be a superior scorer like the teammates above him on the depth chart, but he sure rounds out the workload nicely.

From the best two teams in the league over the past three seasons to other Stanley Cup champions in Chicago (Jonathan Toews, Patrick Sharp) and Anaheim (Ryan Getzlaf, Andy McDonald), it's clear all serious contenders need two strong centres and anything on top of that is gravy.

Well, the Canucks definitely have their elite centres — and plenty of gravy to soak in.

Packers. Return



▶ Packers quarterback Aaron Rodgers raises the Vince Lombardi Trophy yesterday in Green Bay.

THE ASSOCIATED PRESS

Lombardi comes home

The Green Bay Packers took one last chance to say goodbye to their fans and each other. Yesterday was a day to publicly celebrate their Super Bowl-winning season, and the Packers did it in style in front of more than 56,000 fans who paid $5 US to spend a final hour with their team for the first time in 36 days.

Scoreboard

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
PHILADELPHIA	53	35	13	5	180	137	75
PITTSBURGH	55	34	17	4	165	126	72
N.Y. RANGERS	56	29	23	4	155	138	62
NEW JERSEY	54	20	30	4	116	156	44
N.Y. ISLANDERS	53	17	29	7	131	174	41

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
BOSTON	53	30	16	7	161	119	67
MONTREAL	54	30	19	5	139	131	65
BUFFALO	52	25	22	5	152	153	55
TORONTO	54	23	26	5	153	169	51
OTTAWA	54	17	29	8	119	178	42

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
TAMPA BAY	55	33	17	5	168	169	71
WASHINGTON	55	29	16	10	150	136	68
CAROLINA	54	26	21	7	161	167	59
ATLANTA	56	24	22	10	162	183	58
FLORIDA	53	23	24	6	141	143	52

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
DETROIT	53	33	14	6	176	156	70
NASHVILLE	54	27	20	7	141	129	63
CHICAGO	53	27	22	4	168	150	58
COLUMBUS	53	26	22	5	146	163	57
ST. LOUIS	52	24	20	8	140	154	56

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
VANCOUVER	54	35	10	9	183	127	79
CALGARY	55	27	21	7	157	161	61
MINNESOTA	52	27	20	5	135	138	59
COLORADO	53	25	22	6	164	175	56
EDMONTON	53	16	29	8	133	180	40

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
DALLAS	53	30	18	5	152	150	65
SAN JOSE	54	29	19	6	152	144	64
PHOENIX	55	27	19	9	156	156	63
ANAHEIM	54	29	21	4	146	150	62
LOS ANGELES	53	29	22	2	150	129	60

Yesterday's results

Toronto 5 N.Y. Islanders 3
San Jose 2 Washington 0
Columbus 4 Pittsburgh 1
New Jersey 3 Carolina 2 (OT)
St. Louis 2 Florida 1
Buffalo 7 Tampa Bay 4

Today's games

Montreal at Boston, 4 p.m.
Nashville at Detroit, 4 p.m.
San Jose at Columbus, 4 p.m.
Colorado at Minnesota, 5 p.m.
Phoenix at Dallas, 5:30 p.m.
Ottawa at Calgary, 6:30 p.m.
Chicago at Edmonton, 6:30 p.m.
Anaheim at Vancouver, 7 p.m.

NBA

Yesterday's results

Milwaukee 92 Toronto 74
Philadelphia 117 Atlanta 83
Orlando 101 L.A. Clippers 85
San Antonio 100 Detroit 89
Miami 117 Indiana 112
Memphis 105 Oklahoma City 101 (OT)
Minnesota 112 Houston 108

Today's games

Detroit at Cleveland, 4 p.m.
Charlotte at Indiana, 4 p.m.
New Orleans at New Jersey, 4 p.m.
Orlando at Philadelphia, 4 p.m.
San Antonio at Toronto, 4 p.m.
Milwaukee at Washington, 4 p.m.
L.A. Clippers at New York, 4:30 p.m.
Chicago at Utah, 6 p.m.
Dallas at Sacramento, 7 p.m.
Denver at Golden State, 7:30 p.m.

SPORTLIGHT

Feb. 9

1940 - Joe Louis beats Arturo Godoy with a split decision to defend his world heavyweight title at Madison Square Garden.
1988 - Mario Lemieux scores a record six points to lead the Wales Conference to a 6-5 victory over the Campbell Conference in the NHL all-star game.

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Engine performance

Gone from the Mazda5 is the 2.3-litre four-cylinder engine. It's replaced with a standard 2.5-litre four-cylinder powerplant that's also found in the Mazda3 and Mazda6 passenger cars plus the base CX-7 tall wagon.

For its role in the Mazda5, the 2.5 produces 157 horsepower and 163 pound-feet of torque, which is a slight improvement over the 2.3.

Six-rider seating

The Mazda5 platform is based on the Mazda3 sedan/hatchback, but for the Mazda5 it has been stretched by about 13 centimetres between the front and rear wheels to squeeze in a third-row seat.

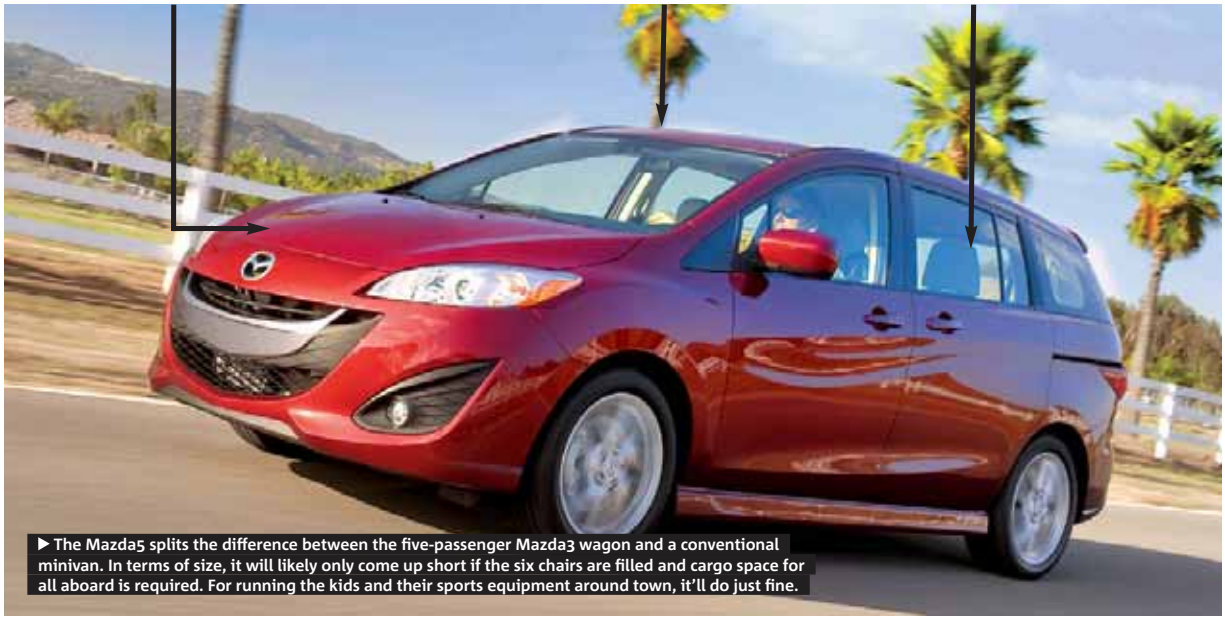
That means six riders in a three-by-two arrangement.

Versatile interior

This mini minivan is actually a hair shorter than the Mazda3 sedan, which will restrict the amount of gear you can cram into the back when all chairs are occupied.

However, the highly versatile interior allows you to fold flat either or both of the sliding and reclining second-row buckets, or the 50:50 split folding rear bench to create the exact mix of people and cargo.

If it wasn't for the non-folding front-row passenger seat back, the maximum cargo capacity could be considered exceptional.



▶ The Mazda5 splits the difference between the five-passenger Mazda3 wagon and a conventional minivan. In terms of size, it will likely only come up short if the six chairs are filled and cargo space for all aboard is required. For running the kids and their sports equipment around town, it'll do just fine.

By comparison

Ford C-Max
Base price: $23,000 (est.)
New Focus-based model should give Mazda5 a run for its money. Stay tuned.

Dodge Journey
Base price: $24,000 (est.)
Dodge Avenger-based wagon comes with fancier cabin, optional V6.

Kia Rondo
Base price: $21,650
A small wagon with optional V6 and seven-passenger capacity.

WHEELBASE MEDIA

Mazda5: An alternative to the minivan

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

For on-the-go families who don't require massive minivan space, the compact Mazda5 presents a reasonable alternative to a regular-size minivan or even a junior sport utility vehicle.

Steadily increasing fuel prices are on many new-car-buyers' minds, along with finding ways to reduce overall operating expenses while maintaining or increasing the level of versatility that their vehicles can deliver.

A modicum of driving enjoyment would definitely add some frosting to the cake.

BASE PRICE: $23,400

The original and somewhat anonymous Mazda5 that was introduced for the 2006 model year managed to deliver on all counts and the updated 2012 edition promises more of the same, except the anonymity part.

In essence, the Mazda5 is the complete minivan package, minus the size and capacity of its much bigger competitors, of course, but also without their much higher list prices and their bigger appetites at the gas pumps.

For stylish, eco-minded families, it doesn't really get much better than this.

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HOW DO YOU GET YOUR BOUNCE?
learn more at facebook.com/bounce
*Depends on frequency of use and dryer settings.
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10°C Haze
Metro Toronto Tweets
Poll: Would you accept a lower salary to work for a socially
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Abu Dhabi Grand Prix Practice Results
ABU DHABI, United Arab Emirates - Practice results Friday for Sunday's Abu Dhabi Grand Prix at the 5.554-kilometre Yas Marina circuit with driver, country, car, fastest lap time and laps...
Ford Fusion a solid bet for a used sporty sedan
Shopping out a used Fusion? It's a sporty and unique sedan that doesn't blend into the endless sea of Camrys
Linamar stock slides despite Q3 turnaround
TORONTO - Linamar Corp. (TSX:LNR) stock continued is recent sharp slide Friday, a day after the auto parts maker turned in an earnings report that fell slightly below estimates and announced that...
metro auto pilot
Don't leave traction to technology
Every time I feel the need to discuss grip I talk to Pierre Savoy, chief instructor of the BMW Canada Winter Driving School.
You'll need that ice scraper sooner than you think
You see some sexy things around Halloween, but none more so than unprepared vehicle.
Hybrid cars: Looking for a few more buyers
Hybrids have arrived, yes? Well, me thinks "yes" and "no." Hybrid technology has certainly arrived.
metro my drive
Celebrity chef goes for wine-country red
DON'T JUST DRIVE.
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2010 Dodge Grand Caravan SXT shown.§

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2010 Dodge Journey R/T AWD shown.§

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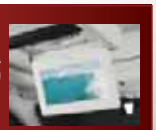

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DEMOGRAPHICS LOOKING FOR LOVE

Auto Pilot

MIKE GOETZ
DRIVE@METRONEWS.CA

I was trolling through the list of super-new vehicles that will be at the upcoming auto show in Toronto, and two caught my eye: the 2011 Chevrolet Camaro Convertible and the 2012 Hyundai Veloster.

CHEVROLET NEWS PHOTO

▶ The 2011 Chevrolet Camaro Convertible was awarded to Super Bowl MVP Aaron Rogers after the Green Bay quarterback led his club to a championship victory on Sunday over Pittsburgh.

Both look fantastic. But these new debuts once again reinforce how two major demographic groups are yanking the chains of the automakers in different directions.

Camaro's target audience is obviously the baby-boom generation. Perhaps you've heard of them?

Following the baby boom is Generation X, a much smaller crowd. But Generation Y, also referred to as, "The Millennial Generation," and/or, "The Echo Boom," is actually a very sizeable cohort.

With more and more baby-boom drivers gradually moving on to more non-driving activities, like shuffling to the washroom every 15 minutes, Gen Y-ers are poised to be the "driving force" in the market.

But just not yet.

Baby boomers are still by far the largest group out there, and will continue to be, even after 2013, when most of them will be 60 years or older.

Not only are there fewer Gen-Y people, they aren't as uniformly "car crazy" as their elders; many aren't interested in driving at all, and many hold off getting cars and/or their licenses until their 20s.

But among them are those who love their vehicles just as much as any previous generation.

The Hyundai Veloster is aimed squarely at Gen-Y folks.

This "three-door" sports coupe will compete directly against Mini Cooper, Honda CR-Z and Scion tC.

The tC is new to Canada, but in the U.S., where it has been sold for a few years now, it has the distinction of attracting the youngest owners (medium age 24 years) of any nameplate on the market.

The original Camaro followed Ford Mustang into the so-called "Pony Car" segment, which would also ultimately include Firebird, Challenger, Barracuda, Javelin, AMX and Cougar.

Back in their heyday, these cars made a splash because they were lighter and faster and better looking than family sedans.

In other words, they were the "young person's ride" — like the Veloster is now.

But in 2011 these Pony cars are strictly a middle-aged person's proposition, and only for those with certain aesthetic sensibilities and generous credit lines.

It's obvious the Veloster and other modern sports coupes do a way better job crossing over to other demographics.

They're lighter, have more space and fuel efficiency, and more affordable.

So let's keep them coming, and maybe ease off a bit on the nostalgia trip.

HYUNDAI CANADA

▶ 2012 Hyundai Veloster

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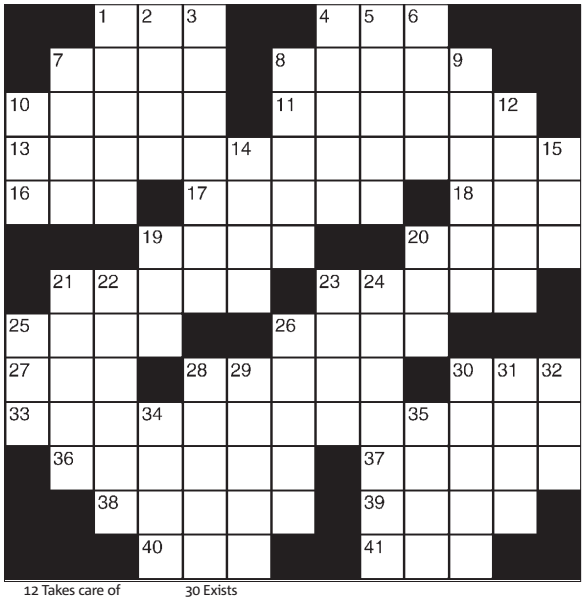
Crossword



Across
1 Buddy
4 Peculiar
7 Miss America's ID
8 Sailing boat
10 Heart line?
11 Least active
13 Buttonwoods, e.g.
16 Oom follower
17 Coffin stands
18 Game with "Skip" cards
19 Make one's way
20 Tosses in
21 Ignite
23 Casual shirts
25 Singer Redding
26 Throw forcefully
27 Music genre
28 Whiskers
30 Mauna —
33 Worry of an "overnight success"
36 Engine type
37 Skit show
38 Mother-of-pearl
39 Dregs
40 Your
41 Cen. fractions

Down
1 Parade
2 "The Thin Man" dog
3 Room
4 Having seniority
5 Foolish fellows
6 Active one
7 Protein-rich bean
8 Fathered
9 False
10 Venomous viper
12 Takes care of
14 Pig's remark
15 "Help!"
19 Existed
20 The whole enchilada
21 Left one's seat
22 Apple variety
23 Kitten's sound
24 Neat
25 Chances, for short
26 Non-native, to Hawaiians
28 "The Garden of Earthly Delights" artist
29 Abrasive powder
30 Exists
31 Burden
32 Big hatchet
34 Warmth
35 Scoff

▶ Yesterday's answer

E	P	I	C		D	C	X		A	L	G	A		
R	I	C	H		A	L	I		T	E	E	N		
S	T	O	A		F	I	S	H	T	A	N	K		
T	A	N	K	T	O	P		E	A	R	T	H		
			R	O	E		P	A	C					
E	S	S	A	Y		T	O	P	K	I	C	K		
E	R	E			S	U	P			D	O	E		
K	I	C	K	B	O	X		M	I	S	T	Y		
			I	L	L		T	A	N					
A	N	G	L	O		B	O	X	S	E	A	T		
S	E	A	T	B	E	L	T		U	R	G	E		
K	A	L	E		R	U	E		L	I	E	N		
S	T	A	R		G	E	M		T	E	S	T		

Sudoku

			1				2	3
	9		3				7	
		5			6	8		
9				8	1			
	2	1				4	5	
			9	2				8
		3	5			7		
	8				7		1	
6	7				4			

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	3	4	1	2	5	6	8	9
8	5	6	9	4	3	1	2	7
1	9	2	7	8	6	4	5	3
2	8	3	5	6	1	9	7	4
6	7	9	4	3	2	8	1	5
5	4	1	8	9	7	3	6	2
9	2	5	6	1	4	7	3	8
4	6	7	3	5	8	2	9	1
3	1	8	2	7	9	5	4	6

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Kevan, hope all your dreams come true. Take care wherever you are. **LG ~ SWEETIE**

Happy almost-Valentine's day, Andrew. KISSES! :P I love you, and am in love with you <3 **JESSICA**

Maju, I la-la-lavs you most muchy! Thank you for your patience. U've been amazing. **KURVISH MAYCHE, HE HE!**

Jay, I love you very much! You are the sunshine to my rainy days! You are an amazing person and a great father! I want to be yours for always! **YOUR AMAZING AMANDA**

Hi my hottie pie, I just wana let you know that you mean the world to me! I have no tomorrow w/o you and my present is no present if you are not there! You are only MINE and I am only YOURS now hamesha & forever!!

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Someone new is about to come into your life and give you the emotional boost you've been craving. Whether the relationship stands the test of time remains to be seen.

♉ Taurus April 21-May 21 You will get the chance to shine today and you must not let it pass you by. Important people are watching you. If they like what they see, you could be moving up in the world quicker than you expected.

♊ Gemini May 22-June 21 Life is good and about to get even better. Cosmic activity in one of the most positive areas of your chart will open new doors. All you need is the courage to walk through them.

♋ Cancer June 22-July 22 Don't start thinking you cannot possibly fail. The more straightforward a situation appears to be today, the more likely it is there is a hidden catch. Find it, deal with it.

♌ Leo July 23-Aug.23 No one is immune to your charms. You know what words will win others over and you know it's only a matter of time before they give into your desires.

♍ Virgo Aug. 24- Sept. 22 Your thoughts seem to be turning to how you can make your everyday routine less of a chore. Find ways to get partners and colleagues to shoulder more of the burden. Don't even think of trying to do everything yourself.

♎ Libra Sept. 23-Oct. 23 Creatively and romantically this is a special time for you. The next few days will bring opportunities to expand in every direction. Make the most of it.

♏ Scorpio Oct. 24-Nov. 22 Honesty is a must today. Let loved ones know what you think of them, even though some of your comments may be less than flattering. They need to know the truth.

♐ Sagittarius Nov. 23-Dec. 21 You don't care one bit what others might think of your behaviour. You are who you are and you do what you do and if certain people don't like it that's too bad. Most likely, you'll do it even more, just to annoy them.

♑ Capricorn Dec. 22-Jan. 20 Where money matters are concerned, you must be careful not to let things slide over the next 24 hours. The line between a profit and a loss is not as wide as you imagine.

♒ Aquarius Jan. 21-Feb. 18 Your confidence will soar over the next few days and, seeing as it's pretty high already, others will wonder what kind of herbal remedy you are on. Keep your secret to yourself.

♓ Pisces Feb. 19-March 20 Cosmic activity in the most sensitive area of your chart means you won't find it easy to reach out to the world. But that's okay. Why should you? The world will be fine without you for a day. **SALLY BROMPTON**

Caption contest

ARNO BALZARINI/ THE ASSOCIATED PRESS/ KEYSTONE

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

EUGENE HOSHIKO/ THE ASSOCIATED PRESS

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1 in 5

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Mental health disorders are the fastest growing cause of disability **around the world.**

Mental illness costs the Canadian economy **$51 billion** every year.

Almost half of those suffering from depression or anxiety **never** consult a doctor.

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